

ASSi ASSOCIATION OF
SPINE SURGEONS
OF INDIA

ICS 2024

Instructional Course in Spine

Date: 22nd, 23rd & 24th August 2024
Sheraton Grand, Mahabalipuram

PROGRAMME SCHEDULE

Organised by:
Chennai Spine Club and Chennai Ortho Spine Society

SCIENTIFIC PROGRAMME

Day 1 - 22nd August, 2024, Thursday

| Time | Topic | Speaker / Case Presenter |
|---------------------|---|--|
| 01:40 pm - 01:45 pm | Welcome Address | Dr. Appaji Krishnan |
| 01:45 pm - 02:40 pm | <p>Degenerative Spondylolisthesis Chairpersons: Navaladi Shankar, Sanjay Dhar Classification of Degenerative listhesis- Whats New Choice of interbody material - is PEEK on the way out? Planning fusion at transitional levels - is it different? Minimally invasive Decompression - can fusion be avoided? Debate - Direct decompression Vs Indirect decompression Indirect decompression Direct decompression Rebuttal - Case Presentation - Degenerative listhesis without instability Panel Discussion Moderator: Dr. C.S. Dhillon Panelist: Amol Rege, Amit Jhala, Samir Dalvi, Vetri Nallatambi, Phanikiran, Saheel Maajid Summation</p> | <p>Naresh Babu Chirayu Pamecha Vijay Kamath Phanikiran</p> <p>Amit Jhala Samir Dalvi</p> <p>Gurudeep Das</p> <p>Chairpersons</p> |
| 02:40 pm - 03:10 pm | Inauguration | |
| 03:10 pm - 04:05 pm | <p>Sagittal Balance Chairpersons: Prashant Kekre, Naveen Tahsildar Sagittal Balance - my understanding in the sub-continent setting Invited lecture - Evolution of sagittal balance analysis for daily practice Segmental sagittal alignment in lumbar fusion - Planning and execution Normal Sagittal Parameters in Indian population Case Presentation Panel Discussion Moderator: Abhay Nene Panelist: Bhishampal Singh / Ajoy Shetty / Vamsi Krishna Suhail Afzal / Appaji Krishnan / Vikas Tandon Summation</p> | <p>Abhay Nene Jean-Charles Le Huec</p> <p>Bishampal Singh</p> <p>Ajoy Shetty Harshal Bamb</p> <p>Chairpersons</p> |
| 04:05 pm - 05:20 pm | <p>Osteoporosis Chairpersons: Dhruvin Patel / Prabhat Agarwal Osteoporosis - Spine surgeon's nightmare Newer agents for medical management- When and Where? How to make screws work for you Panel Discussion Moderator: Gautam Zaveri Panelist: Nicolai El Hindy / Ujjwal Debnath / Keerthivasan / Sarvadeep Dhatt / Amritlal Mascarenhas / Saurabh Kapoor</p> | <p>Vikas Tandon Nishank Mehta Shankar Acharya</p> |

| Time | Topic | Speaker / Case Presenter |
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| | Case 1- Osteoporotic Compression Fracture Discussion Case 2- Degenerative listhesis -(Tscore > -3) Discussion Case 3 - Junctional pseudoarthrosis Discussion Summation of Panel discussion Invited lecture- Application of robotic assisted midline cortical screws in a mini open procedure Session summation | Jvaghar Jill Dilip Chand Raja Neeraj Gupta Gautam Zaveri Nicolai El Hindy Chairpersons |

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| 05:20 pm - 05:30 pm | Obituary Dr. Sriram Dr. Arvind Jayaswal Dr. K.V. Chaubal | Kartik Kailash Sajan Hegde Gautam Zaveri |
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| 05:30 pm - 06:30 pm | Spine and Wine session Moderators: Gururaj / Parthasarathy Srinivasan / Appaji Krishnan / Vamsi Krishna Case 1 - TB Spine - Cascade of Failures Case 2 - Syndromic Scoliosis Case 3 - Adult Scoliosis Case 4 - High grade spondylolisthesis in Adult | Rupinder Chahal Bishampal Singh Gururaj C.S Dhillon |
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| 07:00 pm onwards | Welcome Dinner | |
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Day 2 - 23rd August, 2024, Friday

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| 05:30 am | Sunrise at Shore Temple | |
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| 08:00 am - 08:50 am | Breakfast Session Hall 1 - Research Hall 2 - Endoscopy Hall 3 - Robotics - Globus Hall 4 - Medtronic | Rishi Kanna, Janardhana Aithala P Phanikiran, Sudhir G, Ashwinkumar Khandge Ayush Sharma / Vishnu Prasad / Imtiaz Ghani |
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| 09:00 am - 10:00 am | CV Junction Chairpersons: Srivastava SK, Manish Chaddha Embryological basis for CV junction anomalies Anterior release for irreducible AAD Is transoral odontoid excision Obsolete Irreducible AAD - Myth or mystery? | Rishi M Kanna Mihir Bapat Ramachandran G Tushar Rathod |
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| Time | Topic | Speaker / Case Presenter |
|----------------------|--|---|
| | <p>Panel discussion Moderator: Vijay Kamath Case presentation - Malunited Odontoid with kyphosis and AAD Panelist: Mihir Bapat/ Ramachandra G / Rishi M Kanna / Nicolai El Hindy / Christopher Ames / Jacob Mathew</p> <p>Summation</p> | <p>Rahul Temani</p> <p>Chairpersons</p> |
| 10:00 am - 10: 45 am | <p>Cervical / Cervicodorsal deformity- Chairpersons: Rushma Tandon, US Srinivasan Surgical correction of cervical kyphosis- planning to execution Panel discussion - OPLL with Kyphosis K-line neg Moderator: Gururaj Case presentation Panel discussion: V. Ravi / Balamurali / VSP Rao / Nicolai El Hindy / Christopher Ames / Aju Bosco</p> <p>Lessons learned in 150 three column osteotomies for cervicothoracic deformity</p> <p>Summation</p> | <p>S. Rajasekaran</p> <p>Vignesh Pushparaj</p> <p>Christopher Ames</p> <p>Chairpersons</p> |
| 10:45 am - 11:50 am | <p>Adult Kyphosis Chairpersons: Deepak Joshi / Kamran Farooque Surgical Goals - Pre operative planning Can we always execute what we plan? - Personal case examples Lumbar PSO is my workhorse in Ankylosing Spondylitis Invited lecture- Technique evolution in my personal series of 550 lumbar and S1 PSO Panel discussion Moderator: Ajay Krishnan Case presentation - Multiple OVCFs with Kyphosis Panelist: Jean-Charles Le Huec / Mahesh Bijawara / Saumyajit Basu / Shailesh Hadgaonkar / Rupinder Chahal / Karthik Kailash</p> <p>Summation</p> | <p>Vasavada Niraj B Saumyajit Basu Pankaj Kandwal Christopher Ames</p> <p>Vishnu Prasad</p> <p>Chairpersons</p> |
| 11:50 am - 12:50 pm | <p>Adult deformity Chairpersons: Jim Vallera / Prince Solomon Adult spinal deformity- Evaluation Adult deformity - Socio Cultural impact- Indian Perspective Invited lecture- State of the art strategies in adult spinal deformity surgery- optimization, patient selection and system strategies Invited Lecture- PJK analysis and surgical planning to avoid them Debate- Less is more-Targeted Interventions To go Full Monty - Derformity Correction Rebuttal Panel Discussion Moderator: Abhay Nene Case presentation - Adult spinal deformity Panelist: Rajiv K Sethi / Christopher Ames / Suresh Pillai / Kenny David / Vishal Peshatiwar / Aravind Kumar</p> <p>Summation</p> | <p>Abhishek Srivastava Venkatesh K Rajiv K Sethi</p> <p>Jean-Charles Le Huec Aravind Kumar Ranjith Unnikrishnan</p> <p>Chetan Pophale</p> <p>Chairpersons</p> |

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| 12:50 pm - 02:00 pm | Lunch Symposium (Dr Reddys) and Workshop (Medtronic) | |
| 02:00 pm - 02:40 pm | Complications in adult spinal deformity surgery Chairpersons: Karthik Kailash / Imtiaz Ghani Patient balance adjustment post adult deformity correction Case presentation - Apical screw back out Panel Discussion - Misplaced screw Moderator: Ankur Nanda Panelist: Ashok Thomas / Shankar Acharya / Sajan Hegde / Tarun Suri / Bhishampal Singh / Jean Charles Le Huec Summation | Mahesh Bijjawara Vigneshwara B Chairpersons |
| 02:45 pm - 03:30 pm | Panel discussion - Practice of Spine surgery- future scenario Chairpersons: Vishal Peshatiwar / KK Mukhopadhyay Moderator: Vishal Kundnani / Sajan Hegde Impact of insurance Salary VS Fee for service Defensive medicine: Sword of damocles Panelist: HS Chhabra / Shankar Acharya / S. Rajasekharan / Rajiv K Sethi / Sivaraman / Abhay Nene Summation | Chairpersons |
| 03:30 pm - 05:00 pm | Socialising activities | |
| 05:00 pm - 06:00 pm | Tea by the Beach Table 1 - Fitness Table 2 - Art as an outlet Table 3 - Sex and spine Table 4 - Socia media / Marketing | Parthasarathy Srinivasan / Vamsi Krishna Abhay Nene Sudhir Ganeshan / Aditya Thakur Ayush Sharma / Balamurali |
| 06:00 pm - 07:00 pm | Spine and Wine Moderators: Ankur Nanda / Shailesh Hadgaonkar / Vishal Kundnani Case 1 - Adult Deformity Case 2 - Neglected Scoliosis Case 3 - Cervical Kyphosis Case 4 - Rotatory Dislocation C1-C2 | Ranjith Unnikrishnan Subir Jhaveri Thomas Kishen Tushar Rathod |
| 07:00 pm onwards | Gala Dinner | |

Day 3 - 24th August, 2024, Saturday

| Time | Topic | Speaker / Case Presenter |
|---------------------|--|---|
| 08:30 am - 09:30 am | <p>Young surgeons Forum Chairpersons: Naresh Babu, Prem Shahi Moderator: Parthasarathy Srinivasan</p> <ol style="list-style-type: none"> 1. "Exploring Fellowship Training Options: Finding the Right Fit for Your Career Goals" 2. "Navigating the Transition from Fellowship to Independent Practice: Practical Tips and Pitfalls to Avoid" 3. "Building a Successful Spine Practice in Small Centers: Overcoming Challenges and Maximizing Opportunities" 4. "Conducting Meaningful Research with Limited Resources: Strategies for Success" 5. Is everything that is published, True?- Reading in between lines 6. "Ikigai and Surgeons" <p>Panel Discussion- Mentor- Mentee expectations Panelists - Subbiah / Priyank Patel / Amitava Biswas / Mithun Jakkam / Hardik Suthar / Adithya Banta</p> <p>Summation</p> | <p>Arjun Dhawale</p> <p>Ishwar Keerthi</p> <p>Shivkumar</p> <p>Janardhana Aithala P</p> <p>Justin Arokiyaraj</p> <p>Rishi Kanna</p> <p>Chairpersons</p> |
| 10:00 am - 11:20 am | <p>Technology Chairpersons: G. Vijay Raghavan / Manoj Sharma Moderator: Muralidharan V. / Parthasarathy Srinivasan</p> <p>Relearn or be left behind Embracing technology- Science or Marketing</p> <p>Invited lecture- Addressing complex spinal deformities in a single position with robotic assistance</p> <p>Debate on pedicle screw inserton</p> <ol style="list-style-type: none"> 1) Free hand is the best 2) Navigation will suffice 3) Robotics has arrived <p>Rebuttal and discussion</p> <p>Invited lecture- Robotics and Navigation in Spinal Deformity surgery- How do I avoid become a fool with a tool?</p> <p>Debate on finance/ cost of technology</p> <p>Panelist: Abrar Ahmed / Lalit Sharma / Ram Chhadha / Thomas Kishen / Bharat Dave / Sajan Hedge</p> <p>Summation</p> | <p>H.S Chhabra</p> <p>Bharat Dave</p> <p>Nicolai El Hindy</p> <p>Ram Chaddha</p> <p>Shailesh Hadgaonkar</p> <p>Ankur Nanda</p> <p>Rajiv K Sethi</p> <p>Chairpersons</p> |

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| 11:30 am - 12:00 pm | Endoscopy - UBE Chairpersons: Palanikumar, Nitesh Rathi Lumbar UBE - Basics, Incisions, Triangulation and docking Biportal Endoscopic Lumbar Fusion Full endoscopic Spine surgery - Is steep learning curve a deterrent? Q&A, Summation | Sudhir G Bhupesh Patel Ravi Venkatesan |
| 12:00 pm - 01:05 pm | Endoscopy - Uniportal Chairpersons: Karunakaran, Rajesh Kumar Chaudhary Moderators: Phanikran, Sudhir G Lumbar Full Endoscopic Discectomy - Choosing the Approach Endoscopic Cervical Lamino-foraminotomy Endoscopic Techniques for Thoracic Myelopathy Full Endoscopic Lumbar Fusion Surgery Complications of Cervical Endoscopy - How to avoid? Q&A, Summation Panel Discussion Panelist - Arun Bhanot / Pramod Lokhande / Bhupesh Patel / Sukumar Sura / Malcolm Pestonji / Mahesha KB Case 1 - Lumbar Foraminal disc Case 2 - Lumbar Migrated disc Case 3 - Cervical disc Summation | Sudhakaran Arun Bhanot Sukumar Sura Mahesha KB Pramod Lokhande Koteeswara Rao Sasidharan MDS Mukesh Thangavel Chairpersons |
| 01:05 pm - 01:10 pm | Vote of Thanks Group Photograph | Appaji Krishnan |

Our Grateful Thanks to

